



OVERNIGHT CAMPERS:

Clothing:

- Tops – 6 -8 t-shirts/shirts
- Bottoms – 6-8 shorts
- Casual Shoes or sandals, flip flops
- 6-8 pair of socks
- Sleepwear
- 6-8 pair of underwear
- Casual clothes

- Bedding (size will be in pertinent information email)
- Spending Money (no \$ are needed but sometimes kids like to order pizza, t-shirts, vending etc...)

Equipment / Other:

- Lacrosse Stick
- Helmet (boys)
- Shoulder Pads (boys)
- Rib Pads (boys)
- Arm Pads (boys)
- Gloves (boys)
- Eye Protection (mandatory)
- Mouthpiece (mandatory)
- Grass Cleats
- Snack Food
- Water Bottle
- Sun Screen
- Sunglasses
- Toiletries/ personal items
- Insect Repellent
- Laundry Bag
- Fan(s) – if dorm is not AC (will be in pertinent information email)
- Bath Towels

DAY CAMPERS / COMMUTERS :

- Lacrosse Stick
- Helmet (boys)
- Shoulder Pads (boys)
- Rib Pads (boys)
- Arm Pads (boys)
- Gloves (boys)
- Eye Protection (mandatory)
- Mouthpiece (mandatory)
- Grass Cleats
- Backpack
- Sun Screen
- Sunglasses
- Casual Shoes / Sandals, flip flops
- Filled Water Bottle
- Bag Towel